

SAMPLE MENU



DAY 1

BREAKFAST

Breakfast Tacos

Bacon, Eggs,
Flour Tortillas, Salsa, Potato
Cubes, Shredded Cheese

Cereal Bar, Fresh Fruit, Yogurt

LUNCH

Chicken Sandwich

Chicken Patty, Bun, Lettuce,
Tomato, Cheese, Pickles, BBQ
Sauce, Mayo, Kettle Chips

Salad Bar

DINNER

Chicken Tinga

Chicken, Rice, Black Beans,
Diced Tomato, Green Chilies,
Cheese, Salsa, Tortilla Chips

Salad Bar, Churro

DAY 2

BREAKFAST

Cinnamon Rolls

Cinnamon Rolls, Sausage Links,
Scrambled Eggs

Cereal Bar, Fresh Fruit, Yogurt

LUNCH

Drive-In Lunch

Hot Dog, Bun, Chili, Shredded
Cheese, Fritos, Carrots & Celery

Salad Bar, Cherry Limeade

DINNER

Chicken Tenders

Chicken Tenders, Mashed
Potatoes, Green Beans, Rolls,
BBQ Sauce, Gravy, Honey
Mustard, Ketchup

Salad Bar, Choc. Chip Cookies

DAY 3

BREAKFAST

French Toast

French Toast Sticks, Scrambled
Eggs, Sausage Links, Syrup

Cereal Bar, Fresh Fruit, Yogurt

LUNCH

Tacos

Taco Shells, Ground Beef,
Lettuce, Tomatoes, Shredded
Cheese, Refried Beans, Salsa

Salad Bar

DINNER

Pasta with Marinara

Ground Beef with Marinara,
Steamed Broccoli, Garlic
Breadsticks, Pasta

Salad Bar, Choc. Pudding



SAMPLE MENU - UPGRADED



DAY 1

BREAKFAST

Breakfast Hash

Beef Chuck, Eggs, Fajita Veggies,
Diced Potatoes

Cereal Bar, Yogurt, Fruit, Granola

LUNCH

Burger Bar

Beef Patty, Bun, Kettle Chips,
Mustard, Ketchup, Onions,
Lettuce, Tomato

Salad Bar

DINNER

BBQ Dinner

Brisket, Chicken, Beans, Mac &
Cheese, Bread, Pickles, Onion,
Zucchini & Squash

Salad Bar, Brownies

DAY 2

BREAKFAST

Crepe & Toast Bar

Crepes, Whipped Cream, Fruit,
Toast, Avocado Spread, Cottage
Cheese, Jam, Ham, Hummus,
Cream Cheese

Cereal Bar, Yogurt, Fruit, Granola

LUNCH

Chicken Pitas

Chicken, Pita Bread,
Tzatziki, Fruit & Veg Toppings,
Pita Chips

Salad Bar

DINNER

Fajita Dinner

Fajita Steak, Veggies, Tortillas,
Sour Cream, Salsa, Guac

Salad Bar, Churro

DAY 3

BREAKFAST

Chilequiles

Egg, Tomato, Jalapeno, Onion,
Corn Tortilla, Crema, Avocado
Spread, Refried Beans

Cereal Bar, Yogurt, Fruit, Granola

LUNCH

Korean BBQ Sandwich

Chicken, Bun, BBQ Sauce,
Pickled Veggies, Macaroni Salad
Salad Bar

DINNER

Chicken Parm

Chicken, Eggplant, Marinara
Sauce, Pasta, Mozzarella Cheese,
Breadsticks, Parmesan Cheese,
Red Pepper Flakes

Salad Bar, Double Choc. Cookie

